



Lesson 1 Family Community

Serving as a Reason for Living

Bible passage: Mark 10:35–45

Key verse “For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” (Mark 10:45)

Objectives:

- Understand that Jesus came to earth to serve, not to be served.
- Make a commitment to live a life of serving others, including family, neighbors, and the church, with joy and a positive attitude.

✿ I. Sharing Thoughts

1. Why do individuals often strive for greater levels of power and status?

When God created the first human beings, Adam and Eve, he intended for them to live together in love. However, sin entered the world, and social structures of domination began to form. The kingdom of God that Jesus taught and demonstrated is a place where we serve one another. As the King of kings, Jesus himself served humanity, making this abundantly clear. The desire to be elevated over others to receive their service or to experience satisfaction or achievement by ruling over others is a manifestation of sin. Encourage participants to share their own ideas.

2. What does it mean to you to say that you follow Jesus?

There may be various answers, such as doing good, obeying, loving, bearing the cross, serving, sacrificing, and more. If any participants are already performing specific actions because of their belief in Jesus, it would be beneficial to share those. After hearing from the participants, the facilitator could conclude this question by saying something like, “Now, let’s broaden our thoughts and reflect on what it means to follow Jesus by reading the ‘Expanding Thoughts’ section.”

✿ II. Expanding Thoughts

1. True greatness comes from serving others, not from being served.
2. Jesus set an example of humility and service.
3. It is time to act



✿ III. Living Thoughts

1. How can we put our faith into action and live as worthy followers of Jesus?

Living as a disciple of Jesus means following the path that he took. Jesus, the highest being in the universe, came down to the lowest place to serve humanity for their salvation. Whether we hold any positions in our family, workplace, society, or church, we must recognize them as entrusted to us by God to serve him and others. Parents should serve their children by meeting them at their level rather than trying to control them. Managers should serve their staff by helping them to do their work well instead of imposing demands on them. Those who hold positions in the church, especially high-ranking officials, should humbly serve the church and its members. In short, Jesus' disciples must train and retrain themselves in a life of service until it becomes second nature.

2. Following Jesus' example of sacrificial service to humanity, what are some ways that our small group can serve our worshiping community together?

Let's brainstorm together and seek the help of the Holy Spirit to determine what is needed by our church or neighbors and what we can do to help. It would be wise to start with small tasks that everyone can participate in together rather than planning big or overwhelming tasks from the beginning.

