#### **Suggestions for Parents and Families**

Below are some suggestions to help you incorporate songs from *Glory to God— Hymns and Songs for Children and Families: Singing Faith All Day Long* into your daily life.

### **Track Listing**

#### Number in Glory to God

#### 1 Come into God's Presence

#### #413

- Wake your child by singing or playing this song.
- Sing a prayer to this song with a few word changes, such as "Come into God's presence praying "thanks for our food."

### 2 Spoken Good Morning Prayer

- Recite this prayer together soon after waking.
- Pray this prayer at breakfast and then discuss any concerns about the day that could be given to God.
- Sit in a special cozy spot; pray this prayer; talk about the day ahead.

# **3** God Is Here Today

#### #411

- Play this song as your child gets dressed, makes the bed, and prepares for the day.
- Sing along with the English or Spanish lyrics.
- Sing the ends of the phrases such as "as certain when I sing you'll hear my song."

#### 4 Lord of All Hopefulness (verse 1)

#### #683

- This is the first of four verses for this hymn. The words create a prayer for the break of day.
- Listen to this song and ask, "What might be a gift from God for you today?"
- With older children, invite their wonderings about "hope."

### 5 Spoken Verse: For the Beauty of the Earth

#14

- Get out rhythm instruments or pots and pans. Clap, dance, or sing this song together.
- Sing along with the refrain, "Lord of all, to thee we raise this our hymn of grateful praise."
- Create a watercolor painting or use colored pencils to draw a vibrant picture of nature and the beauty of our earth.

### 6 God of Great and God of Small

#19

- Ask your child to name the opposites listed in this song and to add more.
- Fold a blank piece of paper in half. While listening to the song, draw items or scenes on each side that are opposites. Title the drawing "God of \_\_\_\_\_\_ and God of \_\_\_\_\_\_.
- Sing the refrain, "alleluia, alleluia, praise be to your name" anytime you and your child have a reason to praise God.

### 7 Praise God, from Whom All Blessings Flow #608, 607, 605, 609

- Choose one of these versions of the Doxology to sing as a table blessing.
- How do the many voices at the end of the song continue the "alleluia" or the "amen"?

#### 8 Spoken Mid-Day Prayer

- Recite this prayer together as you walk or ride to school.
- Include other things in our world that God has made. These might be things you see around town or on your way to school. After reciting four new ideas, make sure to include "Thank you, God for . . ." as you repeat each idea.

#### 9 I'm Gonna Live So God Can Use Me #7

- Clap, rock, dance, snap, and sing as you enjoy this lively tune.
- Adjust the song to include different ways that "God can use me." For example, slow down and sing softer for "I'm gonna sleep so God can use me." Sing faster for "I'm gonna run so God can use me."
- Address childhood insecurities (sickness, nightmares, school worries) with this upbeat song to encourage the importance of self-care and love. For example, "I'm gonna rest so God can use me" or "I'm gonna listen so God can use me."

# 10 Lord of All Hopefulnesss (verse 2: Eagerness)

#683

• Reminds your child that God is with us at work and in school. Sometimes those are the times we feel most vulnerable and in need of strength.

### 11 HOLY MANNA (tune only)

#24

- Clap, bounce, tap, and dance to this music.
- Sit across from one another and hold hands to create a boat. Rock back and forth or gently push/pull from front to back while holding hands.
- Sing along on La, la, la or any syllable that you'd like to sing (pa pa, ma ma, ba ba, etc.)
- To see some of the instruments used in this song, visit the videos section of www.simplegiftsmusic.com.

#### 12 Jesus Loves Me!

#188

 Sing this long, cherished hymn in the car, during play time, while picking up toys, or even before nap time.

#### 13 Listen to the Word That God Has Spoken/YISRAEL V'ORAITA

#455

- Have fun playing echo games with the short rhythm patterns and whispers.
- Whisper, say, or sing "listen, listen" or "listen to the word" while the singers perform the song.

# 14 God Is So Good/Know That God Is Good #658, 659

- Create new verses about God's goodness. Suggest a new idea, such as "God loves my Daddy" or "God hears my prayers" or "God helps the poor."
- Clap along with the pattern of two short claps. You may also want to wave arms and dance. Enjoy!

#### 15 May the God of Hope Go with Us #765

- Look for something around the house that could serve as bongos or maracas, such as an upsidedown clothes hamper or plastic bucket, and rice or beans in a covered paper cup. Then enjoy!
- Rock and sway as you and your child play and sing along.

### 16 Lord of All Hopefulness(verse 3: Kindliness)

#683

• Discuss with your child how your actions might be like those kind actions of Jesus? How can you be loving toward family members after school and in the evening?

### 17 Spoken Table Blessing

 Say this prayer at mealtime. Consider asking your child to say it, if they are comfortable doing so.

#### 18 Taste and See #520

- Play this song as a bedtime lullaby or anytime you and your child need a quiet time.
- If old enough to help prepare for dinner, your child could silently set the table while listening or singing along on the "taste and see" refrain. See if the entire table can be set and ready before the song ends.
- Ask what your child has tasted or seen today to experience God's goodness? Talk about ways
  that God reveals a taste of forgiveness or the sight of love. God's goodness can be found "at all
  times."

# 19 Spoken Verse: All God's Children/Be Still and Know That I Am God #414 All God's Children

- Have fun answering to the call and response. Can you identify when to reverse the words from "give thanks and praise" to "give praise and thanks"?
- Take big, deep breaths after "All God's children breathe . . ." Experience the satisfaction of a deep, cleansing breath.
- Listen carefully. Did you hear the quiet whispering during the breathing space?

#### Be Still and Know

- Sit or lie on the floor quietly with your child and listen to this song. You might also lie on the floor or just find a place to rest quietly. Do you feel God's presence?
- Do you know of a yoga pose to hold while listening? If not, you could choose a meditative seated position.
- Play this song to help an older child settle down to do homework.

## 20 PICARDY (tune only) # 347

 PICARDY is the opposite of "Be Still and Know." Play it to wake up different parts of your body. Start by just wiggling your fingers, then rolling wrists, and eventually moving arms in circular or wavy movements. Feet, knees, and legs can be added during verse 2. As verse 3 increases in texture and sound, slowly roll the body up and begin slowly dancing, expressing praise and freedom.

• Get out scarves and create an interpretive scarf dance. Dance to the music and wave the scarves high and low, in and out.

### 21 Lord of All Hopefulness(verse 4: Gentleness)

#683

- Use this verse as a call for the bedtime ritual.
- Listen as you calm waking actions and prepare for sleep.

# 22 Spoken Evening Prayer

• Say this prayer together at bedtime. Add "thank you's" of your own to the prayer.

## 23 God, Be the Love to Search and Keep Me #543

- Wrap your arms around your loved one as you rock and sing "O Christ, surround me." Remember these words when your child wakes from a bad dream or a sickness at night. Let the reminder of Christ's surrounding love comfort them back to sleep.
- An infant would love a slow dance and will be asleep in no time as they feel the rocking movement and quiet sounds of your voice. Hum along, and your child will feel the vibrations of your voice.