

| Date and Text | Session Goal |
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| Fall 2022 | |
| Session 1 September 4, 2022 <i>Proper 18</i> Luke 14:25–33 | Youth will be challenged to count the cost of following Jesus: taking up the cross and making everything else a secondary priority. |
| Session 2 September 11, 2022 <i>Proper 19</i> Luke 15:1–10 | Youth will embrace Christ’s vision of a world where all people are included and none are lost. |
| Session 3 September 18, 2022 <i>Proper 20</i> Luke 16:1–13 | Youth will explore, in the parable of a shrewd manager, God’s call to wise and faithful discipleship. |
| Session 4 September 25, 2022 <i>Proper 21</i> Luke 16:19–31 | Youth will recognize that actions and choices have consequences as they examine the call to reach out to others with respect and compassion. |
| Session 5 October 2, 2022 <i>Proper 22</i> 2 Timothy 1:1–14 | Youth will explore the necessary connections between the generations for faithful living and imagine ways to accept the traditions handed on to them by their elders. |
| Session 6 October 9, 2022 <i>Proper 23</i> 2 Timothy 2:8–15 | Youth will discover, in Paul’s message to Timothy, encouragement and challenge for their own journey of discipleship. |
| Session 7 October 16, 2022 <i>Proper 24</i> Luke 18:1–8 | Youth will explore God’s call to pray and will respond with hopeful persistence in the face of the world’s injustice. |
| Session 8 October 23, 2022 <i>Proper 25</i> Luke 18:9–14 | Youth will compare the prayers of the self-righteous Pharisee and humble tax collector, and consider ways to express acceptance of others without making judgmental comparisons. |
| Session 9 October 30, 2022 <i>Proper 26</i> Luke 19:1–10 | Youth will explore the problems of hurtful stereotyping and imagine ways to counter the prejudices in the human heart. |
| Session 10 November 6, 2022 <i>Proper 27</i> 2 Thessalonians 2:1–5, 13–17 | Youth will explore dimensions of fear and confusion and embrace the positive effects of gratitude and encouragement described in 2 Thessalonians 2. |
| Session 11 November 13, 2022 <i>Proper 28</i> 2 Thessalonians 3:6–13 | Youth will explore community relationships in which people hold themselves and one another accountable and engage strategies to promote each other’s good to the end that Christ is glorified. |

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| Session 12 November 20, 2022 <i>Reign of Christ</i> Jeremiah 23:1–6 | Youth will examine the image of a shepherd leader and envision what kind of leaders they are called to be. |
| Session 13 November 27, 2022 <i>Advent 1 Year A</i> Isaiah 2:1–5 | Youth will open themselves to God’s transforming vision of hope and peace for their lives and the world. |

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| Winter 2022–2023 | |
| Session 1 December 4, 2022 <i>Advent 2</i> Isaiah 11:1–10 | Youth will regard God’s promise of the peaceable reign and explore ways to live peaceably among all. |
| Session 2 December 11, 2022 <i>Advent 3</i> Isaiah 35:1–10 | Youth will compare Isaiah’s hopeful expectations of Messiah and train themselves to look for and join God’s work in the wilderness arenas of life. |
| Session 3 December 18, 2022 <i>Advent 4</i> Matthew 1:18–35 | Youth will express their emerging identities and sense of calling to service in relation to Jesus’ name, identity, and purpose. |
| Session 4 December 25, 2022 <i>Christmas 1</i> Luke 2:1–14 (15–20) | Youth will celebrate the extraordinary birth of Christ in the midst of the ordinary things of life. |
| Session 5 January 1, 2023 <i>Christmas 2</i> Matthew 2:13–23 | After delving into the story of the flight to Egypt, youth will be inspired to extend God’s care where people are suffering today. |
| Session 6 January 8, 2023 <i>Baptism of the Lord</i> Matthew 3:13–17 | Youth will explore the public affirmation of God’s love for Jesus and respond to the church’s claim that God loves them too. |
| Session 7 January 15, 2023 <i>Epiphany 2</i> 1 Corinthians 1:1–9 | Youth will claim the church as a grace-filled and Spirit-gifted community that partners with Christ in ministry. |
| Session 8 January 22, 2023 <i>Epiphany 3</i> 1 Corinthians 1:10–18 | Youth will examine baptism as a unifying event for the church and practice ways to encourage unity in Christ. |
| Session 9 January 29, 2023 <i>Epiphany 4</i> Matthew 5:1–12 | Youth will explore the Beatitudes as descriptions of what God values and learn to recognize and honor people who embody those attributes. |
| Session 10 February 5, 2023 <i>Epiphany 5</i> Matthew 5:13–20 | Youth will explore salt and light as images of discipleship and practice ways of “salt” and “light” living. |

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| Session 11 February 12, 2023 <i>Epiphany 6</i> Deuteronomy 30:15–20 | Youth will practice identifying and choosing the things that lead to a rich life in community with others and with God. |
| Session 12 February 19, 2023 <i>Transfiguration</i> Matthew 17:1–9 | Youth will explore the story of Jesus’ transfiguration and delve into ways to listen to Christ in their lives. |
| Session 13 February 26, 2023 <i>First Sunday in Lent</i> Genesis 2:15-17; 3:1–7 | Youth will examine their lives in light of Adam and Eve’s disobedience and consider ways to respond faithfully. |

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| Spring 2023 | |
| Session 1 March 5, 2023 <i>Lent 2</i> Genesis 12:1–4a | After hearing Abram’s call from God, youth will consider God’s surprising call and leadership in their lives. |
| Session 2 March 12, 2023 <i>Lent 3</i> Exodus 17:1–7 | Following the example of Moses, youth will consider what it means to trust in God’s care during challenging times. |
| Session 3 March 19, 2023 <i>Lent 4</i> 1 Samuel 16:1–13 | Youth will explore the anointing of David and affirm that, as God did with David, God sees their inward character and their potential to serve. |
| Session 4 March 26, 2023 <i>Lent 5</i> John 11:1–45 | Considering that Jesus raised Lazarus, youth will come to a deeper understanding that no endings stretch beyond God’s power and love. |
| Session 5 April 2, 2023 <i>Palm/Passion</i> Matthew 21:1–11; 11–54 | Youth will explore the story of Jesus’ entry into Jerusalem and commit in specific ways to live a joyful life in Christ. |
| Session 6 April 9, 2023 <i>Easter</i> Matthew 28:1–10 | Youth will consider the fear and great joy of the women and their own reaction to the resurrection story. |
| Session 7 April 16, 2023 <i>Easter 2</i> John 20:19–31 | Youth will tackle what it means to believe without seeing and consider how to live in a world that values facts more than mystery. |
| Session 8 April 23, 2023 <i>Easter 3</i> Luke 24:13–35 | Youth will explore Jesus’ followers’ emotional responses to the resurrection and respond by telling good news about the risen Christ. |
| Session 9 April 30, 2023 <i>Easter 4</i> Psalm 23 | Like the psalmist, youth will find that well-being comes through entrusting their lives to God. |
| Session 10 May 7, 2023 <i>Easter 5</i> John 14:1–14 | Youth will recognize how Jesus’ words, actions, and character can help them do the work of Christ. |

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| Session 11 May 14, 2023 <i>Easter 6</i> Acts 17:22–31 | Youth will affirm, with Paul, that God is the one in whom we live and move and have our being. |
| Session 12 May 21, 2023 <i>Easter 7</i> John 17:1–11 | Youth will hear Jesus’ farewell prayer for his disciples as a prayer of hope and strength for them also. |
| Session 13 May 28, 2023 <i>Pentecost</i> Acts 2:1–21 | Youth will explore the Pentecost story and discover and celebrate ways the Holy Spirit empowers them. |

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| Summer 2023 | |
| Session 1 June 4, 2023 <i>Trinity Sunday</i> Genesis 1:1–2:4a | Youth will reflect on the ways in which they can be partners with God in creation. |
| Session 2 June 11, 2023 <i>Proper 5</i> Matthew 9:9–13, 18–26 | Youth will consider how all their problems and shortcomings are appropriate to bring to God and will name others who need to know of God’s loving acceptance. |
| Session 3 June 18, 2023 <i>Proper 6</i> Matthew 9:35–10:8 (9–23) | Youth will examine the call to do Christ’s work in the world. |
| Session 4 June 25, 2023 <i>Proper 7</i> Matthew 10:24–39 | Youth will hear Jesus’ summons to courageous and Spirit-filled discipleship for themselves and explore how to accept it. |
| Session 5 July 2, 2023 <i>Proper 8</i> Matthew 10:40–42 | Youth will hear Jesus’ call to be apostles and respond by giving and receiving hospitality. |
| Session 6 July 9, 2023 <i>Proper 9</i> Matthew 11:16–19, 25–30 | Youth will practice living the relief and rest to be found in Jesus. |
| Session 7 July 16, 2023 <i>Proper 10</i> Matthew 13:1–9, 18–23 | Youth will explore a parable about spreading seed and embrace their calling as sowers of good news. |
| Session 8 July 23, 2023 <i>Proper 11</i> Matthew 13:24–30, 36–43 | Youth will explore the perils of judgment and be encouraged to trust in God’s leading. |
| Session 9 July 30, 2023 <i>Proper 12</i> Romans 8:26–39 | Youth will explore Paul’s promise of connection with God during difficult times and reflect on what that promise means in their lives. |
| Session 10 August 6, 2023 <i>Proper 13</i> Matthew 14:13–21 | Youth will recognize and respond to the abundance of God’s love and compassion in the story of Jesus feeding a multitude. |
| Session 11 August 13, 2023 <i>Proper 14</i> Matthew 14:22–33 | Youth will explore Peter’s bold faith and be challenged to trust and step out in faith. |

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| Session 12 August 20, 2023 <i>Proper 15</i> Genesis 45:1–15 | Youth will explore Joseph’s reconciliation with his brothers and work to become agents of reconciliation. |
| Session 13 August 27, 2023 <i>Proper 16</i> Exodus 1:8–2:10 | Youth will explore the ways God worked through the lives of women and practice speaking and acting against injustice in the world. |