

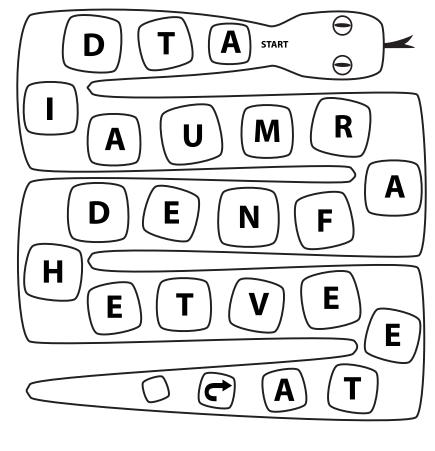
WAYS TO PRACTICE AT HOME:

To confess is to be honest about things we've done wrong and mistakes we've made. We admit our sins because they cause brokenness in our relationships, between us and God and between us and others. Learning to identify and admit things that we do wrong is the first step of confession.

- Think about what it means to follow God's ways of living: loving God and loving others. It is like a path to follow. Make a path in your house, in your yard, or on paper. This may be as simple as walking from one room to the next, around a table, and back again. It could be creating a path of pebbles and stones to mark your way. It might be something you draw on a piece of paper that takes you from one spot to another, with as many twists and turns as you like. Confessing is recognizing when we get off the path of following God.
- How do you know what God's path for you is? It's the same for all of us! Read Exodus 20:1-17 and Matthew 22:34-40. (The Common English Bible is a good version to read.) Talk together about what these two passages tell us about God's way of living.
- Read the book *Bruno's Hat* by Canizales (Flyaway Books, 2019) or show the YouTube video "Bruno's Hat" (bit.ly/FMBrunosHat, 4:45). Talk together about which character(s) said or did something wrong or unkind and which character(s) were hurt by these actions.

Gracious God, sometimes we make mistakes or do something wrong. We stray from your path for us. Help us see when we have done so. We want to follow your ways of living. Amen.

God told Adam and Eve to do what God asked. What did they do? Begin with "A" and write every other letter on the spaces below. Color in the letters as you do. When you get to the end of the snake, continue moving back through the snake with the letter "T."



What do Adam and Eve need to do?







Based on Genesis 3:1-24

The first humans lived in a garden that God created for them. When God created the humans, God gave them instructions, telling them that they could eat anything in the garden but the fruit from one tree.

Why do you think God gave the first humans this one rule?

One day, a sneaky animal began talking to the humans. The sneaky animal asked, "Did God say, 'You cannot eat from any tree in the garden?" The humans said, "We can eat all the fruit in the garden, but we can't eat from one tree." The sneaky animal said, "No, don't listen to God. That fruit won't hurt you. Go ahead!"

What do you think the humans did?

They ate it. After they ate it, they knew they had done something wrong. Just then, God came looking for the humans, but God couldn't find them. God called to the humans and said, "Where are you?" The humans answered, "We hid from you."

Why do you think the humans hid from God?

The humans continued, "We hid because we know we did something wrong." God said, "What did you do?" Then they told God what they had done. Then God said, "You did something wrong by eating the fruit. You can't live in the garden because you did not follow my instructions." After that, humans weren't allowed back into the garden.

How did the humans know they had done something wrong? Why do you think it is hard to admit when we've broken a rule, made a mistake, or done something wrong?

