

Practice Joy

This is the day that the Lord has made;
let us rejoice and be glad in it.
Psalm 118:24

I pray that the God of our Lord Jesus Christ, the
Father of glory, will give you a spirit of wisdom
and revelation that makes God known to you. I
pray that the eyes of your heart will have
enough light to see what is the hope of God's
call, what is the richness of God's glorious
inheritance among believers...
Ephesians 1:17-18 (CEB)

Rejoice in the Lord always;
again I will say, Rejoice.
Philippians 4:4

So we do not lose heart. Even though our
outer nature is wasting away, our inner
nature is being renewed day by day. For
this slight momentary affliction is
preparing us for an eternal weight of glory
beyond all measure, because we look not
at what can be seen but at what cannot be
seen; for what can be seen is temporary,
but what cannot be seen is eternal.
2 Corinthians 4:16-18

Present,
Regardless
of Particular
Circumstance

Exuberance

Exhilaration

Jubilation

Growing out of
God's Promises

For you shall gobble in joy,
and be led back in peace,
the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.
Isaiah 55:12

Then I saw a new heaven and a new earth; for the
first heaven and the first earth had passed away...
And I heard a loud voice from the throne saying,
"See, the home of God is among mortals.
He will dwell with them;
they will be his people,
and God himself will be with them;
he will wipe every tear from their eyes.
Death will be no more;
mourning and crying and pain will be no more,
for the first things have passed away."
And the one who was seated on the throne said,
"See, I am making all things new."
Revelation 21:1, 3-5

Triumph

Anticipation of
a New Creation

JOY IS

AMAR

Rejoicing



Rooted and Reflected
in Creation



Let the heavens be glad, and let the earth rejoice;
let the sea roar, and all that fills it;
let the field exult, and everything in it.
Then shall all the trees of the forest sing for joy
before the Lord...
Psalm 96:11-13a

An Act of Faith in a World That
Doesn't Comprehend the Possibility

Although you have not seen him, you love
him; and even though you do not see him
now, you believe in him and rejoice with an
incredible and glorious joy, for you are
receiving the outcome of your faith, the
salvation of your souls.

1 Peter 1:8-9

Acceptance



Being Connected

Embracing the
Joy of Others

Rejoice with those who
rejoice, weep with
those who weep.
Romans 12:15



Ever Present

Acknowledgment of
Present Suffering
and Sorrow



So you have pain now, but I will see
you again, and your hearts will rejoice,
and no one will take your joy from you.
John 16:22