Table of Contents

FOLLOW ME INTRODUCTION	2
DO NOT FEAR OVERVIEW	4
PRACTICING THE PRACTICE AT HOME	5
LISTEN FOR GOD ISAIAH 9:6-7; 35:1-2a, 5-6, 10; 40:3-5; JOHN 1:1-5	7
TRUST GOD'S PROMISES MATTHEW 1:18-25; LUKE 1:26-38	17
ONE STEP AT A TIME LUKE 2:8-20	27
PERSEVERE MATTHEW 2:1-12	37
FOUNDATIONAL ESSAY	49



Multiage Children editor: Meg Rift

Foundational Essay author:

MaryAnn McKibben Dana is a writer, speaker, pastor, and ministry coach in Reston, Virginia.

Session writer:

Doodle Harris is the Chaplain and Director of Service Learning at Hastings College in Hastings, Nebraska. Published by Growing Faith Resources, an imprint of Presbyterian Publishing Corporation

Unless otherwise indicated, Scripture quotations in this publication are from the New Revised Standard Version, Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide. Scripture quotations marked CEB are taken from Common English Bible (CEB). Copyright © 2011 by Common English Bible.

Every effort has been made to trace copyrights on the materials included here. If any copyrighted material has nevertheless been included without permission and due acknowledgment, proper credit will be inserted once notice has been received.

Copyright law provides an exemption for the performance or display of a portion of videos, DVDs, and other copyrighted works by instructors or participants in face-to-face educational instruction if the following stipulations are met: the video or DVD (or book) is a legal copy; it is shown in a classroom (a place devoted to instruction); it is part of the curriculum for the class; only teachers and participants may watch, and you are a nonprofit educational institution.

© 2023 Growing Faith Resources, Louisville, Kentucky. All rights reserved. Except where permission to photocopy is expressly granted, no part of these materials may be reproduced without permission from the publisher.