Table of Contents

FOLLOW ME INTRODUCTION	2
WALK HUMBLY OVERVIEW	4
PRACTICING THE PRACTICE AT HOME	5
BE FINITE LUKE 12:13-21	7
BE UNAPOLOGETICALLY YOU 1 SAMUEL 3	21
RECEIVE BLESSINGS JOSHUA 2:1-24; 6:22-25	35
BE QUIET LUKE 24:13-35	47
FOUNDATIONAL ESSAY	61



Multiage Children editor: Meg Rift

Foundational Essay author:

Amy Plantinga Pauw is the Henry P. Mobley Jr. Professor of Doctrinal Theology at Louisville Presbyterian Theological Seminary.

${\sf Session\ writer:}$

Doodle Harris is the chaplain and Director of Service Learning at Hastings College in Hastings, Nebraska.

Published by Growing Faith Resources, an imprint of Presbyterian Publishing Corporation

Unless otherwise indicated, Scripture quotations in this publication are from the New Revised Standard Version, Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide. Scripture quotations marked CEB are taken from the Common English Bible, copyright © 2011 by Common English Bible. Used by permission.

Every effort has been made to trace copyrights on the materials included here. If any copyrighted material has nevertheless been included without permission and due acknowledgment, proper credit will be inserted once notice has been received.

Copyright law provides an exemption for the performance or display of a portion of videos, DVDs, and other copyrighted works by instructors or participants in face-to-face educational instruction if the following stipulations are met: the video or DVD (or book) is a legal copy; it is shown in a classroom (a place devoted to instruction); it is part of the curriculum for the class; only teachers and participants may watch, and you are a nonprofit educational institution.

Table of Contents

FOLLOW ME INTRODUCTION	2
WALK HUMBLY OVERVIEW	3
REMEMBER THAT YOU ARE DUST GENESIS 2:7; 3:19b; LUKE 12:16-21	4
FAVOR THE LOWLY LUKE 1:46-55; 4:17b-19	9
AVOID JUDGING OTHERS LUKE 18:9-14; 1 CORINTHIANS 12:14-26	14
SPEAK LESS, LISTEN MORE ECCLESIASTES 5:1-3	19
FOUNDATIONAL ESSAY	24



Adult editor:

David Maxwell

Foundational Essay author:

Amy Plantinga Pauw is the Henry P. Mobley Jr. Professor of Doctrinal Theology at Louisville Presbyterian Theological Seminary.

Session writer:

Beth Herrinton-Hodge is a teaching elder and Director of the Academic Support Center at Louisville Presbyterian Theological Seminary, Louisville, Kentucky. Published by Growing Faith Resources, an imprint of Presbyterian Publishing Corporation

Unless otherwise indicated, Scripture quotations in this publication are from the New Revised Standard Version, Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide.

Every effort has been made to trace copyrights on the materials included here. If any copyrighted material has nevertheless been included without permission and due acknowledgment, proper credit will be inserted once notice has been received.

Copyright law provides an exemption for the performance or display of a portion of videos, DVDs, and other copyrighted works by instructors or participants in face-to-face educational instruction if the following stipulations are met: the video or DVD (or book) is a legal copy; it is shown in a classroom (a place devoted to instruction); it is part of the curriculum for the class; only teachers and participants may watch, and you are a nonprofit educational institution.

TABLE OF CONTENTS

FOLLOW ME INTRODUCTION	3
WALK HUMBLY OVERVIEW	4
REMEMBER THAT YOU ARE DUST GENESIS 2:7; 3:19b; LUKE 12:16-21	6
FAVOR THE LOWLY LUKE 1:46-55; 4:17b-19	17
AVOID JUDGING OTHERS LUKE 18:9–14; 1 CORINTHIANS 12:14–26	27
SPEAK LESS, LISTEN MORE ECCLESIASTES 5:1-2	37
FOUNDATIONAL ESSAY	47



Adult editor:

David Maxwell

Foundational Essay author:

Amy Plantinga Pauw is the Henry P. Mobley Professor of Theology at Louisville Presbyterian Theological Seminary.

Session writer:

David Gambrell is Associate for Worship in the Office of Theology and Worship, Presbyterian Church (U.S.A.), Louisville, Kentucky. Published by Growing Faith Resources, an imprint of Presbyterian Publishing Corporation

Unless otherwise indicated, Scripture quotations in this publication are from the New Revised Standard Version, Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide. In some instances, adaptations have been made to make the language inclusive.

Every effort has been made to trace copyrights on the materials included here. If any copyrighted material has nevertheless been included without permission and due acknowledgment, proper credit will be inserted once notice has been received.

Copyright law provides an exemption for the performance or display of a portion of videos, DVDs, and other copyrighted works by instructors or participants in face-to-face educational instruction if the following stipulations are met: the video or DVD (or book) is a legal copy; it is shown in a classroom (a place devoted to instruction); it is part of the curriculum for the class; only teachers and participants may watch, and you are a nonprofit educational institution.

Table of Contents

FOLLOW ME INTRODUCTION	2
FOUNDATIONAL ESSAY	4
WORSHIP HELPS	11
CAFÉ DISCUSSION GUIDE	19
INTERGENERATIONAL SESSION	29
CURRICULUM CONNECTIONS	47
PRACTICING THE PRACTICE AT HOME	49
CHILDREN'S WORSHIP LEAFLETS	51



Congregational Guide editors: David Maxwell and Meg Rift

Foundational Essay author:

Amy Plantinga Pauw is the Henry P. Mobley Jr. Professor of Doctrinal Theology at Louisville Presbyterian Theological Seminary.

Worship Helps writer:

Slats Toole is a writer, musician, and theatrical sound designer based in Minneapolis, Minnesota.

Intergenerational Session writer:

Sarah McWhirt-Toler is Pastor of Community Life at Connell Memorial United Methodist Church in Goodlettsville, Tennessee.

Practicing the Practice at Home writer: **Doodle Harris** is the chaplain and Director of Service
Learning at Hastings College in Hastings, Nebraska.

Published by Growing Faith Resources, an imprint of Presbyterian Publishing Corporation

Unless otherwise indicated, Scripture quotations in this publication are from the New Revised Standard Version, Updated Edition. Copyright © 2021 National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide. Scripture quotations marked CEB are taken from the Common English Bible Copyright © 2011 by Common English Bible. Used by permission.

Every effort has been made to trace copyrights on the materials included here. If any copyrighted material has nevertheless been included without permission and due acknowledgment, proper credit will be inserted once notice has been received.

Copyright law provides an exemption for the performance or display of a portion of videos, DVDs, and other copyrighted works by instructors or participants in face-to-face educational instruction if the following stipulations are met: the video or DVD (or book) is a legal copy; it is shown in a classroom (a place devoted to instruction); it is part of the curriculum for the class; only teachers and participants may watch, and you are a nonprofit educational institution.