

Part 1: BASIC

Salvation is given as a gift to those who receive Jesus as their Lord and Savior. Those who have received this gift of salvation are called to live a life worthy of it. However, someone who has just been spiritually born again cannot immediately live a mature life as a spiritual adult. They must go through a process of growth and maturity. This study guide explores, step-by-step, the training necessary for a spiritual child to become a spiritual adult. It aims to assist individuals or small groups in training together. In part 1, we will cover five basic training processes, and to make it easier to remember, we will introduce this process using the acronym BASIC.

- First Tea Time: B (Bible Study)
- Second Tea Time: A (Attending Worship)
- Third Tea Time: S (Sacrifice and Service)
- Fourth Tea Time: I (Intercessory Prayer)
- Fifth Tea Time: C (Communion of Saints)

By learning and practicing the content of each session, participants will hopefully internalize the BASIC elements of spiritual life.



Bible Study

Bible passage: 2 Timothy 3:15–17

Key verse “All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that the person of God may be proficient, equipped for every good work.” (2 Tim. 3:16–17)

Objectives:

- Understand the main purpose of studying the Bible.
- Resolve to become a growing Christian through proper Bible study.

I. Sharing Thoughts

1. What do you think is the purpose of learning, that is, the purpose of studying, in general?

There could be various answers, such as self-development, career and professional advancement, intellectual curiosity and satisfaction, improvement of quality of life, and social recognition. Some people might think the purpose of studying is to get into a good university, secure a good job, and earn a good salary. In fact, I once saw a U.S. TV commercial promoting a university with the slogan “more degree, more money.”

2. What do you think should be the purpose of studying the Bible for Christians?

There can be various answers, such as to gain Bible knowledge, to know God more deeply, to encounter Jesus, to discover what a life worthy of a Christian is, and so forth. After hearing the participants’ answers, ask if they are achieving such purposes through their Bible studies up to now.

II. Expanding Thoughts

1. Challenge for Growth
2. Bible Study
3. Bible Study for Growth

III. Living Thoughts

1. What is your favorite Bible verse or the verse that has had a significant impact on your life?

It would be good to ask why they like that verse and what kind of impact it has had on their life. This can be a blessing, encouragement, and challenge for both the sharer and the listeners. If there are people who do not yet have a favorite Bible verse or a verse that has had a great impact on their life, suggest that they read a chapter of Psalms each day, underline the verses that touch their heart, and meditate on those verses as they go about their daily lives.

2. **Until the next meeting, please read the Bible daily according to a reading plan or a plan you have set, and meditate on a verse that touches your heart among the passages you read.**

As the leader, search the internet for some Bible reading plans, choose one of them, print it, and distribute it to the participants. If there is a Bible reading plan used by the church at the beginning of the new year, it would be good to follow the reading plan determined by your church. You may use the M'Cheyne Bible Reading Plan, which, if followed, will have you read the New Testament and Psalms twice and the Old Testament (excluding Psalms) once in a year. Encourage the use of such reading plans, not just to be satisfied with reading according to the plan but to live while meditating on the verses that touch the heart.

